



We are always communicating – with our bodies, our minds, and our words. What you communicate to yourself is what you communicate to the world.

How clear – and loving – is your communication with yourself and others?

Are you aware that listening is the key to the art of communication?

We will be using deepenings, process work, and breathwork sessions in our work together where safety, support, and acceptance are the foundation.

26th – 28th October, both days 10am-5pm.

Price: DKK 1,950

Venue: Center Indre Respons, Købmagergade 55, 1150 København K

For registration/questions, please contact Dorte at d.andersson@mail.dk or phone +45 26 19 90 10.

You can read more about Binnie at www.binnieadansby.com

And about SOURCE Breathwork on www.facebook.com/sourceaandedraetsterapi/