**Hearth Math om træer**

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| **What We Know Now**  |
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*Based on observations of oak and redwood trees in different locations of HMI’s California research center, researchers have learned the following:*

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| • | Trees, like humans, have a circadian or day-night rhythm.  |
| • | Trees can elicit positive feeling states in humans.  |
| • | Trees have complex and different overall electrical voltage patterns, almost as if each has its own personality.  |

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| **What We Will Explore**  |

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| • | Do the electrical responses in multiple trees correlate to events that trigger an emotional outpouring in large numbers of people?  |
| • | Do trees communicate energetically with each other over large distances?  |
| • | Are trees affected by human emotions?  |
| • | Does being in the biofields of trees have an uplifting effect on people?  |
| • | Can trees help inform us about approaching earthquakes?  |

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| **Benefits of HMI Tree Research**  |

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| • | Provides a deeper understanding of how people and trees are connected.  |
| • | Collects information about how trees respond generally to human emotions and specifically to positive human emotions.  |
| • | Gathers important data that may aid in prediction of earthquakes – and saving lives.  |
| • | Eventually will establish a global network of tree-monitoring sites and a website† with live data from a redwood grove.  |

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Scientists will continue observing how temperature, light, gravitational pull on the earth and changes in its magnetic fields and other factors affect tree electrical potentials. We will keep you informed as we continue this fascinating journey.

With appreciation and care,

Sara Childre,
President, HeartMath Institute